The Children’s program is run by the Tasmanian Aboriginal Centre. It helps children get a good, healthy start in life, in the family and at school. Call us on 1800 132 260.

**Aboriginal Health Service**
(Tasmanian Aboriginal Centre)

56 Patrick Street Hobart
Tasmania 7000
Ph: 03 62 34 0777
Fax: 03 62 34 0770
Email: hobart@tacinc.com.au

182 Charles Street Launceston
Tasmania 7250
Ph: 03 6332 3800
Fax 03 6332 3899
Email: launceston@tacinc.com.au

53 Alexander Street Burnie
Tasmania 7320
Ph: 03 6431 3289
Fax 03 6431 8363
Email: burnie@tacinc.com.au

Statewide Freecall 1800 132 260

**NEED SOME PARENTING ADVICE?**

Want your kids to have fun in a safe and learning environment? Just want to be reassured that your kids are ok?

It’s your Aboriginal Health Service. Better health and wellbeing for the Aboriginal community in Tasmania.
Children are provided nutritious lunches and healthy snacks, and well developed learning programs suited to each age group. Plenty of indoor and outdoor activities, story time and group sessions as well as lots of time to play alone ensures that the children have a rich learning environment.

For the children in the pre-kinder group a transition to school program ensures that the children and their families get the best start to make sure that “big school” is something to look forward to.

**luwutina Centre**

The luwutina (children) Centre in Launceston offers a warm and friendly environment where you can go with your children to get some advice, see a parenting worker, play with your child or access other support.

Pre-school groups are held at Napier St for children aged 3-5. This is a lovely environment in which the children play and learn in a small group setting to assist them develop social skills and early learning concepts that will help prepare them for a good start at school. Transport is provided, if you need it.

And from time to time there are other parenting support programs in small groups such as the 1-2-3 Magic parenting program, run in conjunction with Relationships Australia. And if there is other advice you need, or just want to talk about your job as a parent, come in and see us… that’s what we are here for.

Outings for families are organized a couple of times each week in the holidays. Some groups are just for the children.

**Health Issues**

The luwutina Centre and the Aboriginal Children’s Centre work in closely with the Aboriginal Health Service to assist you see to your child’s health needs. Child health nurses can see you and your child at the health service or at the children’s centres, or at home.

The doctors, Aboriginal health workers and the registered nurses all play their part in assisting you to provide a safe and happy childhood for your children.