

ABORIGINAL HEALTH SERVICE

Whatever you want from the Aboriginal Health Service, you'll probably be able to get it: from a massage to a counselling session, from a health check to a cultural experience. Call us on 1800 132 260.

Aboriginal Health Service
(Tasmanian Aboriginal Centre)

56 Patrick Street Hobart
Tasmania 7000
Ph: 03 62 34 0777
Fax: 03 62 34 0770
Email: hobart@tacinc.com.au

182 Charles Street Launceston
Tasmania 7250
Ph: 03 6332 3800
Fax 03 6332 3899
Email: launceston@tacinc.com.au

53 Alexander Street Burnie
Tasmania 7320
Ph: 03 6431 3289
Fax 03 6431 8363
Email: burnie@tacinc.com.au

Statewide Freecall 1800 132 260



Aboriginal Health Service



WANT TO STAY HEALTHY OR NEED TO SEE ABOUT A HEALTH PROBLEM?

Want to get fit while enjoying activities in a group? Concerned about some-one else's health?



It's your Aboriginal Health Service. Better health and wellbeing for the Aboriginal community in Tasmania.

What is the Aboriginal Health Service?

The Aboriginal Health Service is a state-wide comprehensive and integrated primary health care service for all Tasmanian Aborigines and your families. We work with other health providers such as hospitals, medical specialists and many other specialised health providers to ensure that you always have access to the best services available.

Where is the Aboriginal Health Service ?

We operate from offices in Burnie, Launceston and Hobart and we cover outlying and regional areas, as best we can. We can also visit the Furneaux Islands to deliver health services to our community.

You... The Whole Person

Our Health Service is for Aborigines and your families, and we aim to treat the whole person, not just the symptoms. For example, if you come to us suffering from stress, we don't just prescribe medicines: we look at what's causing the stress and try to help you with that as well.

Professional And Confidential

When you come to the Aboriginal Health Service, whether it's to a clinic, or one of our workshops or other programs, you'll be dealing with health professionals - doctors, nurses and Aboriginal health workers - who are Aboriginal or understand the Aboriginal community. And you can be assured that they all work to the highest standards in respecting your rights to privacy and confidentiality.

Health Promotion

We actively promote health, in areas like eating better, living a more active lifestyle, and dealing with problems such as gambling, smoking, drinking or drug use. We can help you look after your sexual health, your oral health and your overall health.

Pregnant mothers can enjoy our antenatal support, and new mums can take advantage of child health checks and home visits by our child health nurse.

We run workshops on issues like women's health and family violence, and we offer drug and alcohol support and guidance. We can also help you to stay emotionally and mentally healthy.

There are also specialised programs like Aged Care, Children and Families, Youth and Men's programs where we provide activities and support for particular segments of the Aboriginal community.

Health And Culture

We have programs to assist you to strengthen your connection with your culture by offering cultural activities such as visits to Aboriginal sites, caring for Aboriginal land, learning our language, and looking for and eating our traditional healthy foods.

Doctors

Sometimes we are not able to provide doctors in all areas. Where we haven't got a doctor available we will try to help you find one.