

YOUTH SERVICES

The Aboriginal Health Service is there for you. We run all kinds of groups and activities for young people. We have things to do in the school holidays, cultural activities, exercise and recreation, educational activities, craft, anger management, counselling... give us a call and have a look at what we offer. And if what you want isn't there, tell us. Maybe we can do it for you. Call us on 1800 132 260.

Aboriginal Health Service (Tasmanian Aboriginal Centre)

56 Patrick Street Hobart
Tasmania 7000
Ph: 03 62 34 0777
Fax: 03 62 34 0770
Email: hobart@tacinc.com.au

182 Charles Street Launceston
Tasmania 7250
Ph: 03 6332 3800
Fax 03 6332 3899
Email: launceston@tacinc.com.au

53 Alexander Street Burnie
Tasmania 7320
Ph: 03 6431 3289
Fax 03 6431 8363
Email: burnie@tacinc.com.au

Statewide Freecall 1800 132 260



Youth Services



WANT TO MIX MORE WITH OTHER ABORIGINAL YOUTH?

Learn more about your culture?
Have fun, learn new skills?
Need some-one to talk to?



It's your Aboriginal Health Service. Better health and wellbeing for the Aboriginal community in Tasmania.

It's not always easy being young

Not easy at all. People push you in all kinds of directions, when you don't know yourself where you want to go or what you want to do. We can put you in touch with other young people who feel the same way. They won't push you in any direction. They'll just show you that you're not on your own.

But Don't Take Our Word For It

"During the holidays there's not much to do. Never thought I'd miss going to school!"

The youth group keeps me out of trouble in the holidays. If I didn't have that I might get in a bit of strife. I've got plenty to do now." Jeannie, 14

"Feel better all the time now. I wasn't too fit before. I never realised how unfit I was. If you don't take any exercise you can turn into a bit of a blob, you know. And I think that was happening to me for a while there. It's not really exercise. It's just a bit of fun with a few mates, but you feel better after it... Well, maybe not right away!"

"Rock climbing? No way! That's what I said when they asked me. But it was great. Pretty safe, but - you know - you're doing something a bit risky, just the same. There's nothing like it."

"I used to just lose it - all the time. I'm pretty much over that now. I didn't think I needed anger management. I didn't even know what it was. And then I hurt somebody and I knew it was time. It helped, too. Really did." Michelle, 17

"When you get on those big drums, you forget everything. It's magic. I saw these massive drums, and I couldn't believe they were going to let us play them. But they did, and they showed us how." Robert, 22

"I walk down the street now and I feel taller. It's like I'm proud of who I am. I never thought much about being Aboriginal. If I did I thought... well, I don't know what I thought. But now it's like I've found out who I really am." Shane, 16

We Are Here For All Aboriginal Youth

The youth program offers a wide range of activities for Aboriginal youth of all ages and interests. Group activities after school and in the school holidays, camps with youth from other areas of the state, youth leadership programs, cultural excursions, and much more.

Individual Advice And Support

We can assist with individual problems you may have, whether it be problems in the family, at school or anywhere else.