

# Prepare kipli

(kee plee)

Prepare food



## 4 week Cooking Program

Do you feel lost in the kitchen?

Come and learn some easy, healthy recipes with Kerryn, the dietitian

**Where:** TAC, Launceston,  
36 Frederick St

**When:** Wednesdays

**Time:** 1-2.30pm



Register for the

# June

sessions with  
call Lucy at reception  
on 6332 3800